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Policy Proposal for Integration of Tobacco Cessation Interventions into Oral Health Care in Dental Settings

Proposition de Politique Pour l'Intégration des Interventions de Renoncement au Tabac Dans les Soins Buccodentaires en Milieu Dentaire

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ABSTRACT

BACKGROUND: Due to the health consequences and economic losses associated with tobacco, the WHO Framework Convention on Tobacco Control, a worldwide effort to control the effects of tobacco smoking on human health enacted a set of policies to curb tobacco use. Smoking cessation services aim to ensure that every patient is screened for tobacco use, their tobacco use status is documented, and patients who use tobacco are advised to quit. Dental health professionals are strategically positioned to reach many tobacco users and this proposal provides a simple framework whereby dentistry could play a major role in smoking cessation efforts.

INTERVENTIONS: Strategies for incorporating Cessation Services into Oral Health Care Delivery include the School Oral Health programs through Public Health Dentistry, updating the Dental School Curriculum through dental education regarding tobacco use prevention and cessation; including Tobacco Treatment Specialists certification in Postgraduate Curriculum for Dental Public Health; Continuing Medical Education (CME) focused on cessation services for dental personnel; Clinical Smoking Cessation Interventions in Dental settings; Compensation of Dental personnel for tobacco use prevention and cessation services; and ongoing research, evaluation and monitoring.

CONCLUSION: Incorporation of these evidence-based treatments into dental practice would result in more individuals achieving long-term abstinence and thus reduce tobacco-related death, disease, and economic loss worldwide. **WAJM 2022; 39(5): 486–496.**

Keywords: Addiction; Cigarettes; Dentistry; Tobacco; Smoking cessation.

RÉSUMÉ

CONTEXTE: En raison des conséquences sanitaires et économiques pertes associées au tabac, la Convention-cadre de l'OMS sur la lutte antitabac, un effort mondial pour contrôler les effets du tabagisme du tabac pour la santé humaine a adopté un ensemble de politiques visant à lutter contre le usage du tabagisme. Les services du sevrage de tabagique visent à s'assurer que chaque patient est examiné pour l'usage du tabagisme, leur statut tabagique est documenté; il est conseillé aux patients qui consomment du tabac d'arrêter. Santé dentaires professionnels sont stratégiquement positionnés pour atteindre de nombreux consommateurs de tabac et cette proposition fournit un cadre simple par lequel la dentisterie pourrait jouer un rôle majeur dans les efforts de sevrage tabagique.

INTERVENTIONS: Stratégies d'intégration des services de renoncement au tabac dans la prestation de soins buccodentaires comprennent la santé buccodentaire à l'école programmes par l'entremise de la dentisterie de santé publique, mise à jour de l'École dentaire Programme d'études par l'enseignement dentaire concernant la prévention du tabagisme et la cessation; y compris la certification des spécialistes du traitement du tabac dans le programme d'études supérieures en santé publique dentaire; Continuel Formation médicale (FMC) axée sur les services de renoncement pour les soins dentaires le personnel; Interventions cliniques de sevrage tabagique en milieu dentaire; Rémunération du personnel dentaire pour la prévention du tabagisme et les services de renoncement; et la recherche, l'évaluation et le suivi continu.

CONCLUSION: Intégration de ces traitements fondés sur des données probantes dans la pratique dentaire permettrait à un plus grand nombre de personnes d'atteindre un objectif à long terme l'abstinence et ainsi réduire les décès, les maladies liés au tabac et perte économique dans le monde entier. **WAJM 2022; 39(5): 486–496.**

Mots-clés: Dépendance; Cigarettes; Dentisterie; Tabac; Tabagique.

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Abbreviations: CME, Continuing Medical Education.